

PARISH OF INISHMAGRATH

Eighteenth Sunday in Ordinary Time

1st August 2021

Fr Tom McManus – 964 8025

Neighbouring Priests: Fr T Mannion 964 3014 - Fr P Casey 916 4143 -

Fr Loughlain Carolan 985 3012

Masses

Sat 31st July	8:00pm	Creevelea	
Sun 1st Aug	10:00am	Tarmon	
Sun 1st Aug	11:15am	Drumkeeran	Felim McPartlan. Elizabeth McPartlan. Paddy Forde & Deceased Family.
Mon 2nd Aug	7:00pm	Drumkeeran	
Tues 3rd Aug	10:00am	Drumkeeran	
Wed 4th Aug	10:00am	Creevelea	
Thurs 5th Aug	10:00am	Drumkeeran	
Fri 6th Aug	7:00pm	Tarmon	
Sat 7th Aug	8:00pm	Creevelea	Tommy Drugan (1st Anniversary).
Sun 8th Aug	10:00am	Tarmon	
Sun 8th Aug	11:15am	Drumkeeran	
Remember:	1. Sanitise your hands at the door. 2. Wear a face mask all the time, covering nose AND mouth. 3. Keep the 2m distance.		

Visitation: Fr. Tom will be doing his rounds on Thurs 5 Aug.

CPR Training: Training sessions will be held on Fri 27 Aug and Thurs 2 Sept from 10am until 4pm in the Ball Alley. If you would like to train, please give your name to Fr. Tom or Margaret Fee, Secretary of the GAA Club. If you would like to help in the cost of the defibrillator units, please use your own envelope and put your usual collection number on the outside. Thanks to those who have already contributed.

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The Deep End - Food that satisfies

John 6:24-35

Growing up, did you hear any "old wives' tales" about food - eating carrots helps you see in the dark; bread crusts will make your hair curly; an apple a day keeps the doctor away...? These wise old sayings, passed down the generations, were employed to encourage us to eat certain foods, mainly healthy fruit and veg. Many even had an element of truth. These days we can easily establish the accuracy of such claims, but many parents still find themselves falling back on these nuggets of wisdom. Behind it all is a desire to see children grow up strong and healthy.

Recent years have seen an increased focus on health, both physical and mental. Nourishing one's body and mind and keeping them healthy are essential long-term projects, the work of a lifetime. In today's Gospel, Jesus talks about different types of nourishment - bread that gives life, food that satisfies, food that endures. "I am the bread of life," says Jesus. It is Jesus who nourishes us at the very core of our being, who knows our every need and gives meaning to our lives. He tells us today; "Do not work for food that cannot last, but work for food that endures to eternal life." As we continue on our way, learning how to best nourish our body and mind, let us not forget to nourish our spirit with Jesus, the bread of life.

"I invite all Christians, everywhere, to a renewed personal encounter with Jesus Christ... The Lord does not disappoint those who take this risk; whenever we take a step towards Jesus, we come to realise that He is already there, waiting for us with open arms." (Pope Francis, Evangelii Gaudium)

Triona Doherty

The Leitrim Guardian 2022: Will be published in November this year. Please submit any contribution that you would like to send in, by Sat 11 Sept. If attaching photos they should be high resolution. Email for the attention of the editor at: editor@leitrimguardian.ie.

Mary's Meals: We began feeding 200 children in Malawi in 2002 and are now feeding 1,838,859 children every day in places of education. Our vision is that every hungry child receives a daily meal and that all who have more than they need, share with those who are in need. With our no frills policy, it costs with Mary's Meals €18.30 to give a child a meal every day for a full school year. To raise funds and awareness of Mary's Meals, we are walking throughout Ireland. Walks are starting on 7 August from Kilkenny, Malin, Derry, Armagh, Dublin, and Limerick and are all arriving in Knock Co Mayo on 15 August (restriction permitting). Maybe you could get involved in Step by Step to Feed the Next Child. You are invited to visit our website www.marysmeals.ie. For more information you can phone Fr Eamonn Kelly on 0879077985. We would also like to organise a local walk in your area. Sponsor cards and t-shirts are available. Maybe you would be willing to undertake the challenge and so help to feed the little ones. Contact Patricia on 0863140814.