

PARISH OF INISHMAGRATH

Sixteenth Sunday in Ordinary Time

18th July 2021

Fr Tom McManus – 964 8025

Neighbouring Priests: Fr T Mannion 964 3014 - Fr P Casey 916 4143 -

Fr Loughlain Carolan 985 3012

Masses

Sat 17th July	8:00pm	Creevelea	
Sun 18th July	10:00am	Tarmon	Michael & Teresa Woods.
Sun 18th July	11:15am	Drumkeeran	Margaret O'Rourke, Cloonmone.
Mon 19th July	7:00pm	Drumkeeran	Hugh Doherty & Deceased Family, Corcormick.
Tues 20th July	10:00am	Drumkeeran	
Wed 21st July	10:00am	Creevelea	
Thurs 22nd July	10:00am	Drumkeeran	
Fri 23rd July	7:00pm	Tarmon	
Sat 24th July	8:00pm	Creevelea	
Sun 25th July	10:00am	Tarmon	
Sun 25th July	11:15am	Drumkeeran	Vincent & Celia O'Donnell. Tom, Lucy, Jimmy, Packie & Gerry Gilbride.

- Remember:**
1. Sanitise your hands at the door.
 2. Wear a face mask all the time, covering nose AND mouth.
 3. Keep the 2m distance.

Defibrillator Training: The 3 units we have, one on each church, were bought in 2013. They are no longer able to function. We need to replace them. If you would like to help fund this effort, please use an envelope with your envelope number on it, we can then include the contribution for Tax Rebate. If you have CPR training or would like to take part in training, please give your name and phone number to Fr. Tom. We need people in each church area.

Lough Derg Pilgrim Path: Is now open daily. The full route is a 12km loop, with a shorter 8km option, and several information boards highlight features of particular interest. Leaflets are available at the Visitors Centre. A guided walk experience will be offered on Sun 25th and Sat 31st July, with Mass outdoors, weather permitting. Further dates for these guided walks will follow for late August and early September. For bookings and further information email info@loughderg.org or telephone 071 9861518. Website: www.loughderg.org.

The Deep End - Take a break

Mark 6:30-34

We all need a break sometimes. I remember once reading a selection of entries for a Mother's Day competition, in which people were asked why their mother deserved to win a prize. They all had themes in common - she never does anything for herself; she's always thinking of other people; I can't remember the last time she took a break.

In today's Gospel, the disciples need a break. They have returned from their mission, eager to catch up with Jesus, but there is so much happening that they barely have time to eat. Jesus sees their need, and invites them to take a boat with Him to a quiet place and rest for a while. But there is no time for rest, as the crowds have followed them on foot. Jesus is moved by them because they are "like sheep without a shepherd". He is the Good Shepherd who always cares for His flock, and He responds with compassion and love.

No doubt the disciples are drafted in to help; it turns out it is not break time! We can imagine their exhaustion. We all feel tired or overwhelmed from time to time, from work or family pressures or simply trying to balance everything.

Postponing our own needs to care for others is familiar to every parent or caregiver. We don't know if the disciples got a rest at that point, but we know that Jesus valued time apart as He later sends the disciples off in the boat again while He goes away by Himself to pray. In the chaos of life, even when there are demands on our time and energy, it is important to take some time to reflect and to pray.

Triona Doherty

Sole Mates Walking Group: The group applied to Leitrim County Council for funding through the "Outdoor Recreation Infrastructure Scheme 2021" to enhance public access to, and increased awareness of Scardan Waterfall and its environs. Match funding of 10% of the total cost has to be available to draw down the grant. So there will be, subject to COVID-19 regulations, a Sponsored Walk on Sun 15 Aug 2021. Sponsorship cards will be available shortly - your support will be greatly appreciated. See our Facebook page for more details.

North West STOP: Invites you to greet the dawn in Sunrise for STOP any morning of the bank holiday weekend (31 Jul-02 Aug) to support their free counselling services throughout the Northwest. Sign up at: <https://www.njuko.net/sunrise-for-stop> - to receive a t-shirt/registration pack. Follow us on Facebook or Instagram for updates: search for "North West STOP".

Access our counselling service by call or text to 086 777 2009.